

2nd International Symposium on Palliative Care

**FOR THE IMPLEMENTATION OF INTERNATIONAL STANDARDS OF
PALLIATIVE CARE**

(LEGISLATIVE, EDUCATIONAL, RESEARCH AND HEALTHCARE CHALLENGES)

Ivane Javakhishvili Tbilisi State University (TSU)



October 22-25, 2019

Tbilisi, Georgia

Project funded by Shota Rustaveli National Science Foundation of Georgia



Dear colleagues and friends!

One of the main features of the development of civil society is the establishment of a comprehensive system of health care and social insurance in the country. Moreover, the quality of these systems, in turn, is a critical criterion for the evaluation of the quality of civil society development. But, the health care system will not be considered perfect if it does not have a palliative component, along with preventive, curative and rehabilitative components, as in this case, a certain part of the population remains without medical care.

Despite the success achieved in the development of palliative care in Georgia over the past 20 years, the level of palliative care, as well as the coverage of the country with palliative care services, is far from the recognized international standards. This is due to the objective and subjective factors as well.

The authorities planning annually Palliative Care State Program as well as regulating agencies providing the monitoring of the program do not consider fully the recommendations of palliative care professionals as well as the experience gained worldwide.

The 2nd International Symposium “For the implementation of international standards of palliative care (legislative, educational, research and healthcare challenges)” will be held in Tbilisi on October 21-25 - within the framework of the General Assembly of the World Medical Association (WMA); therefore, the symposium will be the area of focus of not only Georgian but of the world medical community as well.

The internationally recognized experts of Palliative Care, Georgian experts, authorities, persons and institutions responsible for the development of all components (educational, legislative, health and clinical) of palliative care in the country as well as the delegates of the WMA General Assembly will take part in sessions, round-tables and scientific conference of the symposium.

We do hope that, on the one hand, the recommendations developed for the Governmental institutions (Parliament of Georgia, Ministry of Health, Ministry of Education and Science), will increase the "political" impact on the decision-making process, necessary for the development and implementation of international standards of palliative care in Georgia; on the other hand, the academic recommendations of the symposium will promote the development of undergraduate and post-graduate educational programs in palliative care and proper planning and implementation of the scientific researches in the field, including Ph.D. and Master Programs.

Therefore, we consider the symposium as an important stimulus for the development of a new edition of the Georgian National Program (Action Plan) of Palliative care - for the next 5 years.

The symposium materials will be distributed through the web-page of Tbilisi State University (TSU) and professional electronic networks in palliative care – including the websites of the International Association of Hospice and Palliative Care and the European Association for Palliative Care.

Abstracts of the symposium reports as well as developed recommendations will be published in the scientific journal of the TSU “Translational and Clinical Medicine – Georgian Medical Journal” indexed in Google Scholar.

The symposium will be widely reported in the media. The Georgian Medical TV Company “Pulse” will cover the symposium in detail and make a documentary film.

Welcome to Georgia – the Country with one of the most ancient and unique histories and cultures in the world!

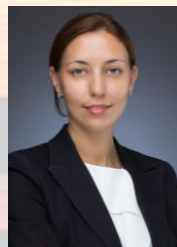
We hope, our collaboration will be successful!

We hope you enjoy your being in Georgia!



Dimitri Kordzaia

Professor, MD, PhD, ScD
Dean, Faculty of Medicine, Iv.
Javakhishvili Tbilisi State University
Head of Department of Clinical
Anatomy and Operative Surgery
President, Georgian National
Association for Palliative Care
Georgia



Elene Janberidze

MD, PhD
Project Coordinator
Chief Researcher, Department of
Gerontology and Palliative Medicine,
Institute of Morphology, TSU
Assistant Professor, School of Public
Health, University of Georgia
Georgia

Participants



Dr. Leonid Eidelman
WMA President
Israel



Dr. Otmar Kloiber
WMA Secretary-General
Germany



Robert Twycross
Professor, DM, FRCP
Emeritus Clinical Reader in Palliative
Medicine, Oxford University
Founder and Former Editor-in-Chief,
Palliative Care Formulary UK



Julia Downing
Professor, PhD, MMedSci, BN(Hons) RGN
Chief Executive International Children's
Palliative Care Network, Honorary
Professor, Makerere University,
Kampala, Uganda.
London, UK



Fiona Rawlinson
MA, MSc, FRCP, FAcadMed
Postgraduate Course Director, Cardiff
University School of Medicine
Centre for Medical Education, College
of Biomedical and Life Sciences, PGT
Delivery, UK



Xavier Gomez Batiste
Professor, MD, PhD
Director of WHO Collaborating Center
for Palliative Care Public Health
Programs Barcelona
Chair of Palliative Care University of Vic
Spain



Julia Verne
Professor, BSc, MBBS, MSc. PhD, FFPH
Head of Clinical Epidemiology, Clinical
Lead – PHE 's National End of Life Care
Intelligence Network
UK



Stephen R. Connor
Professor, PhD
Executive Director
Worldwide Hospice Palliative Care
Alliance
USA



Katalin Muszbek
MD
Medical Director, Hungarian Hospice
Foundation
Invited Professor, Budapest Medical
University
Hungary



Carlos Centeno
MD, PhD
Titular Professor, Palliative Medicine and
Symptom Control
Faculty of Medicine, University of
Navarra
Spain



Eduardo Garralda
MD, PhD
ATLANTES Research Group, University
of Navarra
Spain



Dr. Ging-Long WANG
MD
Chief, Departments of Psychiatry &
Palliative Medicine
Director, Center for Medical Student
Education, Koo Foundation Sun Yat-Sen
Cancer Center
Adjunct Clinical Professor, National
Yang-Ming University School of
Medicine, Taiwan



Tamar Rukhadze
MD, PhD, Professor
Vice-Dean of Faculty of Medicine,
Head of Department, Oncology and
Palliative Care, Iv. Javakishvili Tbilisi
State University
International Expert of Palliative
Medicine, Georgia



Ioseb Abesadze
MD, PhD
Professor, Tbilisi State Medical
University
Clinical Director, Hospice - "Cancer
Prevention Center"
International Expert of Palliative
Medicine, Georgia



Yulia Yudina
PhD
Chief Executive Officer, PACED (The Foundation for Palliative Care Education), UK



Gia Lobzhanidze
MD, PhD, Professor,
Head of Department, General Surgery,
Iv. Javakhishvili Tbilisi State University
Chairman of the Board of Directors of
Georgian Medical Association
Georgia



Simon Dalakishvili
MD, PhD
Head of Department of Gerontology
and Palliative Medicine
Alexandre Natishvili Institute of
Morphology, Iv. Javakhishvili Tbilisi
State University
Georgia



Otar Toidze
MD, PhD, Professor
University of Georgia
Institute of Neurology and
Neuropsychology
Georgia



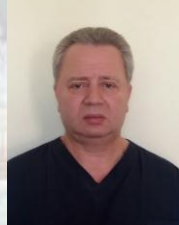
Rema Gvamichava
MD, PhD, Professor
Head of Department of Oncology,
Tbilisi State Medical University
Head of Georgian Society of Clinical
Oncology,
Head of NGO "Cancer Prevention
Center", Georgia



Pati Dzotsenidze
MD, PhD
International Pain Policy Fellowship
Fellow (2008 -2012)
Member of the Council, Georgian
National Association for Palliative Care
Georgia



Archimandite Adam Vakhtang Akhaladze
Head of Georgian Patriarchate Health
Affairs Department,
Rector of Georgian Patriarchate St.
King Tamar University,
Father Superior of the Church of St.
John the Theologian (Tbilisi)
MD, PHD, SciD, Dr.h.c., Professor



Memed Jintcharadze
MD, PhD,
The expert in Oncology of MOH Ajara
Autonomic Republic, Georgia
Invited Professor, Iv. Javakhishvili Tbilisi
State University
Member of the Council, Georgian
National Association for Palliative Care
Georgia



Nino Chikhladze
MD, PhD, Professor
Head of QA Department,
Head of Department of Medical Ethics,
Iv. Javakhishvili Tbilisi State University
Georgia



Nino Kiknadze
LLM, MPA
Law, Media and Health project
coordinator, Open Society Georgia
Foundation
Georgia



Elene Zhorzholadze
Head Specialist
Parliament of Georgia



Marina Daraxvelidze
MD
Head of Health Care Department,
Ministry of IDP, Labor, Health and Social
Affairs
Georgia



Mikheil Shavdia
MD, PhD, Professor
Head of Palliative Medicine,
Tbilisi State Medical University
Laureate of Georgian National Award
Expert of Palliative Medicine
Georgia



Tamar Gagoshidze
Professor, MD, PhD
Dean of the Faculty of Psychology and
Educational Sciences, Iv. Javakhishvili
Tbilisi State University
Georgia



Nino Mirzikashvili
MD, MSc, PhD
Health Expert, WHO
Board member, Open Society Institute
of Georgia



Mariam Velijanashvili
MD, PhD, Secretary General,
Georgian National Association for
Palliative care
Georgia

Agenda

22 October, 2019 (Tuesday)

**Tbilisi State University 1st Building (Chavchavadze Ave. N1)
Auditorium N 107**

10:00-11:00

Registration

11:00-11:45

Opening of symposium and welcome speech:

- Prof. George Sharvashidze, Rector of Iv. Javakhishvili Tbilisi State University (TSU)
- Marina Darakhvelidze, Director of the healthcare department under the Ministry of IDP, Labor, Health and Social Affairs of Georgia

Introduction speech:

- Dimitri Kordzaia, Dean of the Faculty of Medicine of TSU, President of Georgian National Association for Palliative Care

11:45-12:30

I Session: International standards and different models of palliative care (45min)

- Robert Twycross
- Xavier Gomez Batiste

Hotel Beaumonde Garden (6A Marshal Gelovani Street)

13:00-14:00

Lunch

14:15-16:15

II Session: : Assessment of the development of palliative care in Georgia (situational analysis and discussion)

- Dimitri Kordzaia
- Pati Dzotsenidze
- Tamar Rukhadze
- Ioseb Adesadze
- Nino Kiknadze
- Nino mirzikashvili

16:15-16:30

Will the Western concept of Palliative Care work in Georgia? Reflecting on Palliative Care in the UK

- Yulia Yudina

16:30-16:45

Closing Remarks

16:45-17:15

Meeting with mass media

18:00

Dinner

23 October, 2019 (Wednesday)

Hotel Beaumonde Garden (6A Marshal Gelovani Street)

10:00-11:30

I Round table:

Palliative care development worldwide: Standards, models, achievements, challenges – as a sample for Georgia (Preparation of the “table of contents” for the Georgian National Program of Palliative Care - to be)

All participants

Moderators: Robert Twycross, Stephen Connor, Dimitri Kordzaia

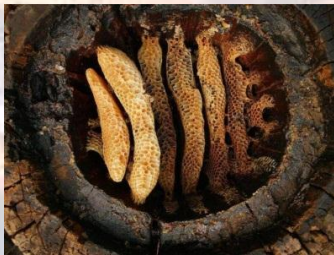
11:30-12:00	Coffee Break
12:00-13:00	II Round table: development of recommendations for supporting the advancement of postgraduate programs and correct planning and implementation of scientific research in palliative care (including the researches in the frame of Master and PhD programs) All participants Moderators: Julia Downing, Fiona Rawlinson (Johansen), Carlos Centeno, Julia Verne, Dimitri Kordzaia
13:00-14:00	Lunch Break
14:00-16:00	III Round table: Development of recommendations of the symposium to the Decision Makers of Healthcare System All participants Moderators: Xavier Gomez Batiste, , Stephen Connor, Katalin Muzsbek Tamar Rukhadze, Josef Abesadze, Pati Dzotsenidze
	Social Program
24 October, 2019 (Thursday)	
World Medical Association General Assembly Scientific Session on "Palliative Care"	
Hotel Sheraton Grand Tbilisi Metekhi Palace (20 Telavi Street)	
Conference Hall	
8:00-9:00	Registration
09:00-9:30	Welcome speeches: <ul style="list-style-type: none"> • Zaza Bokhua, Vice-Minister of Ministry of Internally Displaced Persons from the Occupied Territories, Labor, Health and Social Affairs of Georgia • Giorgi Vashakidze, Vice-Minister of Education, Science, Sport and Culture of Georgia • Dr. Leonid Eidelman, President of World Medical Association (WMA) • Dr. Otmar Kloiber, WMA Secretary-General • Prof. Giorgi Sharvashidze, Rector, Iv. Javakishvili Tbilisi State University • Prof. Gia Lobzhanidze, Head of Directors Board of Georgian Medical Association • Prof. Dimitri Kordzaia, Dean of the Faculty of Medicine, TSU and President of Georgian National Association of Palliative Care
Scientific Session: For the implementation of international standards of palliative care	
9:30-10:30	Robert Twycross <ul style="list-style-type: none"> • Palliative Care: What, Who, When, and How? (1 hour)
10:30 – 10:50	Coffee Break
10:50-11:30	Julia Downing <ul style="list-style-type: none"> • Palliative care for children (40 min)
11:30-12:10	Fiona Rawlinson (Johansen) <ul style="list-style-type: none"> • Postgraduate education programs – correct planning and implementation

	(40 min)
12:10-12:40	Xavier Gomez Batiste <ul style="list-style-type: none"> Adapting palliative care programs to advanced chronic care epidemics (30 min)
12:40-13:20	Lunch
13:20-13:50	Julia Verne <ul style="list-style-type: none"> Using a Human Rights approach to evaluate Palliative and End of Life Care in England (30 min)
13:50-14:20	Stephen Connor <ul style="list-style-type: none"> Palliative Care Development Globally and in Post-Soviet Countries (30 min)
14:20-14:50	Katalin Muzsbek <ul style="list-style-type: none"> Psychological issues in palliative care (30 min)
14:50-15:20	Ging-Long Wang <ul style="list-style-type: none"> Integration of Psycho-Oncology Services and Palliative Care at a Cancer Center in Taiwan, a Single Institute Experience (30min)
15:20-15:45	Coffee Break
15:45-16:15	Carlos Centeno <ul style="list-style-type: none"> Care development across Europe: lessons from the Atlas 2013-Atlas 2019 (30 min)
16:15-16:45	Eduardo Garralda <ul style="list-style-type: none"> Current Status of Palliative Care Development in Georgia in comparison with benchmarking countries (30 min)
16:45-17:15	Stephan Connor, Xavier Gomez Batiste, Fiona Rawlinson <ul style="list-style-type: none"> Presentation of recommendations elaborated by 2nd International Symposium participants for Georgian Governing bodies and policymakers – on further development of palliative care (30 min)
17:15-18:00	Meeting with mass media
25 October, 2019 (Friday)	
10:00 – 20:00	Social Program

Georgia is home of first Europeans. The oldest human skull discovered in Dmanisi located in southern Georgia, Kvemo Kartli region. You can visit museum to see the **1.8 million year-old** fossilized remains of the first discovered human couple in Europe whose names sound truly Georgian: Zezva and Mzia!



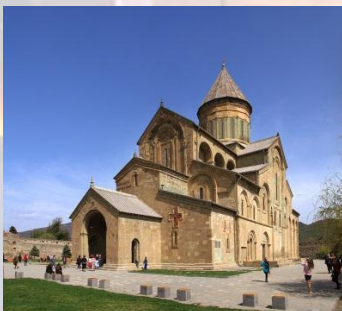
Georgia claims to be the birthplace of honey. The honey samples discovered in the village of Sakire, Borjomi (Southern Georgia) are believed to be made by the bees that buzzed in Georgia **5,500 years ago**. The 5,500-year-old honey samples are 2000-year older than the samples of Egyptian honey that were considered to be the oldest.



Georgian history dates back for several millennia, having its roots in the **second half of the III mill. BC**. Ancient Georgian tribe Tubal (Tuval) is mentioned in the Bible as founder of the metallurgy and blacksmith art. Ancient Georgian metallic artifacts are found spread across the entire Middle East – Mesopotamia, Syria and the Anatolian Kingdoms.



Georgia is country of Apostolic Autocephaly Orthodox Church (Christianity is state religion since 4th Century)



Winemaking can be dated back to **8000 BC in Georgia**, where evidence of grape cultivation has been found. The qvevri - an earthenware vessel used to store and age wine for thousands of years - is becoming the unofficial symbol of the country. Qvevri is listed in the Representative List of the Intangible Cultural Heritage of Humanity by UNESCO.



The discovery of the oldest dyed flax fibers in a cave in Georgia dated to **thirty-six thousand years ago** suggests that ancient people used wild flax fibers to create linen-like fabrics from an early date.



Georgia (old Colchis) is the motherland of Medea – the **Kolkhetian Princess**, the famous herbal physician **holding the Golden Fleece** (well-known from the Greek mythology). The word “Medicine” is related to her name.



